

What Camping Sleeping Bags Are Right For You?

Nothing excites me more than camping and hiking! Once I start driving out to the wilderness my problems and worries just fly out the window. When I am out in the wild I like to still be comfortable though and having the right camping equipment is key. Most importantly are of course the your choice of camping sleeping bags. There is nothing better than getting a great nights sleep with just the sound of crickets. Before you buy your camping sleeping bags there are number of things you should first consider.

First of your should carefully consider the temperatures you can expect to encounter. A temperature rating is assigned to most good camping sleeping bags. The rating is a what temperature range your sleeping bag will keep you warm down too, for example 30 degrees. You don't want to be overly hot or cold so be sure to choose a sleeping bag with the right rating for you. If you are not sure then choose the one that will keep you warmer than you expect that way you can always unzip it and let some cool air in. If you are too cold then there really is not much you can do and this can make sleeping very uncomfortable,

So lets talk a bit about zippers. Most camping sleeping bags these days come fitted with a full length zipper. This allows you to adjust your temperature as you sleep. Keep it zipped right up to keep all your body heat in. Unzip it a little on those moderate nights and on hot nights unzip it completely and just lay on top of it. You should definitely get a sleeping bag with a zipper!

Camping sleeping bags are designed for many different purposes. There are light sleeping bags, double sleeping bags, kids sleeping bags, mummy sleeping bags and many more.

Hiking is fantastic to say the least! Discovering new trails and sights and just getting lost in the wild can be very relaxing, but there is nothing worse than having to carry a heavy pack. So if you plan on hiking with your pack then be sure to get a light sleeping bag. There are many choices when it comes to these including ones suitable for very cold climates.

Double sleeping bags are great to add a bit of spark to your camping trip. You can snuggle up with your partner and keep extra toasty with the double body heat. You may also just love a lot of space and therefore want a double sleeping bag to spread out in.

If you really want your kids to love their camping trips then don't think twice about it just get them sleeping bags with cartoons on them! You won't have to tell them to go to bed they will be in those sleeping bags in a snap!

You thought that a sleeping bag was just a sleeping bag right? Wrong! There is a lot to consider when choosing the ones that are right for you and your family. You need to think about the material as well. If you are after one for colder climates the filling will generally be down or a synthetic alternative. New materials are being made all of the time which are more light weight while retaining insulating properties. So synthetic does not necessarily mean poor quality. One measure of a good camping sleeping bag is it's fill rating. The higher the rating the better quality. It is determined by the amount of fill per square inch. Take care in choosing your camping sleeping bags and happy camping!

About the Author

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