

High Quality, Nutritious, Healthy Dog Food - The Key to a Healthy Pet

A high quality, nutritious, healthy dog food is a major factor in the long term health of your pet.

Did you know that dog food you buy in a grocery store or pet supermarket is probably very low in nutritional value? Even if the food was somewhat nutritious when it was placed in the bag, that nutrition has deteriorated because the food is several months old by the time you purchase it at the store. So when you buy dog food in a store, you may be slowly killing your dog.

Think about our own health and nutrition. Eating fast food or other unhealthy food is not good for our own health. That type of food will lead to disease and a breakdown in our bodies over time.

You can say the same thing about our dogs. A poor diet will result in a higher incidence of disease and a gradual deterioration of their bodies.

Why do you think that so many of our dogs are dying from kidney failure, cancer, heart failure, and other degenerative diseases? These diseases in our pets were almost non-existent before the advent of commercial dog food.

True pet lovers want their dogs to live long, healthy, and happy lives. My dog gives me unconditional love even though I many times don't deserve it. They rely on us to take good care of them. I owe my little guy the very best nutrition.

You have possibly seen a picture of my dog, Romeo, on the internet. He is a 6 year-old mutt with a beautiful coat of hair. He gets compliments on it all the time. He has been fed high quality, nutritious dog food for 5 years now. He is the healthiest, sweetest, happiest dog we have ever owned.

I made a statement in the first paragraph, "you may be slowly killing your dog" if you're not feeding high quality, nutritious, healthy dog food. I know that's a strong statement. Many people feel that way. Read the article ["What's Really in Pet Food."](#) published by the Animal Protection Institute. This article includes some very startling information.

As stated in this article, dog food many times contains food "unfit for human consumption."

This includes both meat and grains. Is that what we want to feed our dogs - food that is unfit for human consumption?

Here's something to keep in mind. You can't rely on the ingredient label or the wording on the package to make your dog food selection. Just because the package describes the food as "high quality" or "premium," doesn't mean that it is a quality, nutritious, healthy dog food.

When you look at an ingredient label, it may appear that the bag contains a quality, nutritious, healthy dog food. But if the food is bought in a store, it could be 6-18 months old.

If you are told by a pet product store owner or employee that the food is fresh, they are probably being dishonest or don't know what they are talking about.

The dog food may be sold fairly soon after it arrives in the retail store. But the store owner has no control over how long the food has been in one or more warehouses. The nutritional value of the food is reduced as it ages because of heat, mold, bacteria, and many other reasons.

When selecting a quality, nutritious, healthy dog food to buy, you should consider the cooking method used. In general, the food should be cooked at low temperatures and for a short time. If not, the nutritional value of the food is destroyed.

I suggest that you consider the following 4 factors in selecting a high quality, nutritious, healthy dog food:

1. As I have already said, the food should be cooked at a low temperature and for a short period of time.
2. Meat should be the #1 ingredient. The food should contain no by-products.

Chicken, chicken meal, fish, fish meal, lamb, and venison are good choices. They should come from high quality sources.

2. Make sure that the food is very fresh. I have found that the best and freshest dog food comes from an online source that delivers a very fresh,

nutritious, healthy dog food to your doorstep.

3. Check out the cooking methods. The food should not be cooked at a high temperature or for a long period of time.

4. This is critical. Avoid any dog food that contains corn, wheat, artificial preservatives and colorings, steroids, and hormones.

Feeding your dog high quality, nutritious, healthy dog food will enable your pet to have a healthy, happy, and longer life. I personally feel that I owe that much to my little guy.

About the Author

Scott Hubbard is a avid pet lover. For the last 40 years, dogs have been a major part of his family. He has dedicated the last five years to selecting the best products for pet health. You can click here to learn more about the high quality, nutritious, [healthy dog food](#) that he recommends. You can reach him directly by calling toll-free 877-878-4036 or by emailing him at Scott@ScottHubbard-Consulting.com.

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