

Healthy Breakfast At Campsite - 2 Simple Recipes For A Healthy Start To Your Day!

Good camping recipes for breakfast during camping vacations are essential to have while camping with family and friends. Having nutritious breakfast at the campsite is a good start for the day. When on camping there are activities you will be involved in. Activities like boating, fishing, or hiking. These activities need good amount of energy for your enjoyment while outdoors. You can meet your energy demands at campsite by having good breakfast. To do this you need to have few camping recipes for breakfast. Following recipes are well rounded with variety of ingredients which are healthy such as eggs and vegetables. This recipe is one of the many recipes that are available online. This recipe can be used for breakfast during your camping trip. This camping recipe is a simple one and very easy to make, also satisfying and tasty. - Cut half a cup of peppers (green), mushrooms, onions, and any of your favorite vegetable. - In a campfire skillet (which is made of cast iron and large) heat oil and fry these vegetables - Beat about a dozen of eggs in a bowl which is large enough to prevent spilling. - Add these beaten eggs to the vegetables once tender. - Cook this mixture by stirring continuously till the eggs are set. - You can also include bacon if desired by frying and then adding vegetables. You can also add shredded cheese on top of this dish once you are done, and allow it to melt on the eggs when they are hot. Campfire doughnuts can also be prepared and taken for camping recipe for breakfast; there cannot be a better start than this when camping. You can prepare these treats just in minutes, and surely is going to be a hit with everyone. - Open a packet of biscuits and put the biscuits separately and also poke a hole in the middle of the biscuit. - Put about one cup of oil in a skillet and heat it. - Fry these biscuits on both side - Use tongs to pick them from the skillet - Remove these doughnut biscuits with using these tongs and place them on paper towel to remove the excess oil. - When they are hot dip these biscuit doughnuts into half cinnamon powder and sugar powder. Many camping recipes for breakfast need a Dutch oven, which is a great piece of cooking equipment for camping and is also very easy to use and carry. Dutch ovens are used to prepare morning breakfast at the campsites by many people. Muffins and biscuits can also be prepared by using Dutch ovens. You can also cook many food items like egg bakes which would turn out like quiche. A perfect place for your camping recipes for breakfast are available online, therefore prior to your start of the journey to campsite, make sure you have already got some camping recipe for breakfast. Keep record of all your favorite camping recipes for breakfast for future vacations.

About the Author

Abhishek is a Camping freak! Visit his website www.Camping-Guru.com and download his **FREE Camping Report "Camping With The Family: How To Have A Safe, Fun, And Inexpensive Vacation"** and learn some amazing Camping tips and tricks for FREE. Learn how to have the perfect vacation on a shoe-string budget. But hurry, only limited Free copies available ! www.Camping-Guru.com

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